

em dash podcast  
Episode 18: "Uncovered," featuring Sara Quin

Podcast available at: [www.em-dash-podcast.com](http://www.em-dash-podcast.com)

## Show Notes

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Meet Sara Quin, a self-described queer woman and activist who also happens to be a musician. (I'm loathe to write that she's "one half of the duo, Tegan and Sara" because as a twin, Sara's not 50% of a pair – she's 100% Sara, and she has a sister who's 100% Tegan, and they're in a band together). In this free-flowing episode, Sara and I talk about what it's like to seek healthcare as someone in the public eye. We both utter the phrase "super-famous vagina," which in context, will make total and complete sense when you listen to the episode. We talk about how it feels to not have the comforting cloak of anonymity during intensely private moments like sitting at the bedside of a dying loved one or flying on an airplane while grieving a loss. Along the way, Sara and I chat about body image, breasts, Instagram, cats, family, vulnerability, and Sara's work with The Tegan and Sara Foundation and Queer Health Access. You can follow Sara on Twitter at [@teganandsara](https://twitter.com/teganandsara)

## Guest Bio: Sara Quin



As part of her band with her twin sister Tegan, Sara Quin has sold more than one million albums, seven Gold certifications, one Double Platinum certification, three Juno Awards, two Polaris Prize nominations, and a Grammy nomination. She has performed on some of the world's biggest stages, from the 2015 Oscar Telecast to major festivals such as Coachella, Lollapalooza and Glastonbury. Sara has openly identified as queer since the beginning of her career in 1998, and her and Tegan have been outspoken feminist advocates for LGBTQ equality and gender justice. The essential message that underpins their worldview and identity is inclusion. They founded The Tegan and Sara Foundation in 2016 to further amplify their

advocacy efforts on behalf of women and girls in the LGBTQ community.

## Audio Used:

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## Links

The Tegan and Sara Foundation: <https://www.teganandsarafoundation.org/>

Queer Health Access: <http://www.queerhealthaccess.com/>

**Tags:** Sara Quin, queer, lesbian, healthcare, access, Canada